WIMMERA LUTHERAN COLLEGE

Dimboola Campus Newsletter - Friday 12th June 2026

We acknowledge the Wotjobaluk, Jaadwa, Jadawadjali, Wergaia and Jupagulk People as the traditional owners of this land. We pay our respects to Elders past, present, and future.

6-26 Horsham Road
Dimboola 3414
Tel: 03 5389 1626

From The Head of Campus

Hi Everyone,

Police Visit
On Wednesday, our students welcomed Police Officers Teilah, Sally and Matt to our school. Officer Teilah spoke to students about what it is like to be a police officer and the importance of bike safety.

Students learnt that becoming a police officer involves attending the Police Academy for 25 weeks once they are 18 years of age or older. We are grateful for the important role police officers play in keeping our communities safe and enforcing the laws that protect us.

As part of the session, students discussed ways to keep themselves safe, including knowing their home address and phone number, knowing the names of the adults they live with, and knowing where their nearest police station is located. They also learnt important bike safety messages such as always wearing a helmet when riding a bike or scooter and keeping to the left-hand side of the footpath.

To help prevent bike theft, students were encouraged to use a bike lock when their bike is not in use and to add an identifiable marker, such as a sticker, to their bike.

We thank Officers Teilah, Sally and Matt for taking the time to visit our school and share their knowledge.

Hot Food Friday
Students enjoyed delicious toasted sandwiches for Hot Food Friday this week. These special lunches continue to be a highlight for many of our students.

We would like to thank everyone who contributes their time and effort to make Hot Food Fridays possible. Your support is greatly appreciated.

School Photos
School photos will take place on **Tuesday 16th June**. Photos will begin as students arrive at school, so please ensure students arrive on time and are wearing their full winter uniform.

Sports Uniform Reminder
Due to a change in our timetable next week, students will not have Physical Education on Monday. Instead, PE will take place on **Thursday**. We ask that students please wear their sports uniform on Thursday rather than Monday.

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From The Head of Campus

Australian Smile Group Dental Van
The Australian Smile Group dental van will be visiting our school next week, on Tuesday 16th June.

Please note that only students with completed and returned consent forms will be able to access the dental services provided by the van.

Last Day of Term 2
A reminder that the last day of Term 2 is **Friday 26th June**, with an early dismissal at **2:15pm**.

Winter Lightning Premierships
Yesterday, all senior students participated in the Winter Lightning Premierships in Nhill. Students from the Dimboola and Nhill campuses joined together to form three netball teams, two tee-ball teams and one football team.

We were fortunate to enjoy beautiful weather throughout the day. It was fantastic to see students representing their schools with enthusiasm, teamwork and sportsmanship. Students encouraged one another, showed resilience and embraced the opportunity to participate in sports that they may not have previously played outside of school. The day provided a wonderful opportunity to learn new skills, build friendships and enjoy being active.

A special congratulations goes to one of our netball teams, who were crowned grand final winners. Well done to all students for a successful and enjoyable day of sport.

Pupil Free Day – Start of Term 3
A reminder to families that **Monday 13 July** is a **Pupil Free Day**. Staff from all three Wimmera Lutheran College campuses will be participating in professional learning and staff development together.

Students will return to school on **Tuesday 14 July** for the beginning of Term 3.

I hope everyone has a wonderful weekend.

Millie Dent

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From The Executive Principal

Wimmera Lutheran College

WLC Day at Dimboola

Every year, a conscientious effort is made to bring the 3 campuses together for a day of Professional Development, Planning and Connection. The first day of Term 3 is a student-free day with students not required at school until Tuesday. The staff of Wimmera Lutheran College will be coming together for a combined WLC staff day on Monday 13 July. This year's gathering will be especially significant as we host the event at our Dimboola Campus, following previous WLC Days held at our Nhill and Horsham campuses.

Rotating this important event between our campuses is a wonderful way to celebrate the unique strengths of each location while reinforcing our identity as one College across three communities. The day will bring together all full-time and part-time teaching and non-teaching staff for a range of professional learning and collaborative activities. The program includes sessions on Leading Lutheran Identity and the continued development of our Mission, Vision and Values, helping to shape the future direction of our College. Staff will also participate in an engaging AI in Schools workshop, receive an Anaphylaxis briefing, hear important College updates, and conclude the day with Worship and Holy Communion as we gather in faith and fellowship.

Events such as the WLC Day are an important investment in our people. They provide an opportunity to strengthen relationships across campuses, share ideas, deepen our Lutheran identity and ensure that, regardless of location, we continue working together to provide outstanding educational experiences for every student in our care. We look forward to an inspiring day as we begin an exciting term together.

Isaiah 43:19
"See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland."

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From The Executive Principal

Report Writing Day

Last Friday, staff from across all three Wimmera Lutheran College campuses participated in a dedicated Report Writing Day. Scheduled within the College calendar, this day provides teachers with valuable time and space to prepare and finalise end-of-semester reports that communicate each student's progress and achievements to families. Producing these reports requires many hours of careful reflection, assessment and writing, and setting aside a dedicated day helps staff complete this important work while balancing the ongoing demands of teaching and supporting students in the classroom. Reports will be available for families in the last week of term.

Administering Medication Policy

To ensure the safe and accurate administration of medication at school, we ask all families to follow our medication procedures (outlined in the Administering Medication Policy). Any medication that is required to be administered during the school day must;

- Be delivered to the College by a parent or guardian
- Include the medication container
- Include all relevant supporting documentation.

Upon delivery, parents will be required to complete and sign a Medication Administration Form, and both the parent and a member of College staff will sign the medication register to confirm the handover. Once medication is received, College staff will maintain a detailed record of each dose administered by updating the remaining tablet count after every administration and completing daily reconciliation checks. At the end of each week, the recorded balance will be verified against the physical quantity of medication on hand to ensure accuracy and maintain the highest standards of safety and accountability. If you have any questions regarding this policy, please contact the administration of your campus, or the Executive Principal.

Devotional Thoughts

‘Of kings and emperors’

by Sal Huckel

This week, my family and I visited the ‘ROME: Empire, Power, People’ exhibition at the Melbourne Museum. My children are better educated than I was at their age, so they explained to me the significance of the statues and buildings erected in honour of emperors. Apparently, there were two ways to cement your legacy as an emperor:

1. Win a war and add a province to the Empire.
2. Construct a public building – a palace or a temple with your name on it (preferably both).

Bad news, emperors! ‘No one is like you, Lord; you are great and your name is mighty in power … Among all the wise leaders of the nations and in all their kingdoms, there is no one like you’ (Jeremiah 10:6,7).

As if that’s not enough: ‘They are all senseless and foolish; they are taught by worthless wooden idols.’

However we feel about the ‘King’s Speech 2.0’ (as we hear and maybe even cheer for King Charles’ recent rhetoric in the USA), we know that our great and almighty God made the earth by his power! One cannot add to these words, so let’s read them together (Jeremiah 10:12,13):

But God made the earth by his power;
he founded the world by his wisdom
and stretched out the heavens by his understanding.
When he thunders, the waters in the heavens roar;
he makes clouds rise from the ends of the earth.
He sends lightning with the rain
and brings out the wind from his storehouses.

Friends! This is our God!

We pray the final verse of the hymn ‘The day thou gavest, Lord, is ended’ by John Ellerton (1870):

‘So be it, Lord; thy throne shall never like earth’s proud empires, pass away. Thy kingdom stands, and grows forever till all thy creatures own thy sway.’ Lord, thank you for adding me to the people of your inheritance (verse 16). My great and almighty God through Jesus Christ our Lord, Amen.

Wellbeing

How to Know if Screens are a Problem

By Dr Justin Coulson

For years, one of the most common questions I've been asked is "How much screen time is too much?"

I've found the guidelines from official sources unhelpful. And I've disagreed with them more often than not. However…

From the people who brought you "an hour or less per day," we now have…new screen guidelines! The *American Academy of Pediatrics* updated its guidance last month, and the biggest change? No more emphasis on "screen time."

Instead, we've got a much more comprehensive – and, admittedly, less straightforward – set of recommendations. The focus has shifted from counting minutes to understanding how screens fit into your child's whole life.

The 5 Cs Framework (For School-Aged Kids)

The AAP now recommends thinking about five key areas:

Child: Your child's unique strengths and challenges are becoming clear. Whether they're great at art, struggle with attention, or are obsessed with science facts, carve out time to build on these interests beyond screens. If your child is neurodivergent they are more likely to be screen-obsessed. Be mindful of this in the way that your kids have access to and use of screens.

Content: Many kids love video games and YouTube at this age but can easily access inappropriate content (violent, sexual, or rude). Use *Common Sense Media* to check reviews, set up parental controls (they're not perfect but help), and watch shows or play games together to see if you like the messages.

Calm: Many kids want a mental break after school – that's fine. Just ensure it doesn't crowd out homework, family meals, or other activities. Put devices away at bedtime and teach techniques like deep breathing or quiet music to help them wind down.

Crowding Out: Video games and YouTube are designed for extended use – hours at a time. Talk about balancing screen time so there's enough time to sleep, read, play sports, do homework, and chat with family and friends in analogue mode (face to face). Model putting your own phone down at meals, bedtime, and in the car.

Communication: This is prime time for conversations about advertising, privacy, right vs. wrong. Regular open-minded talks build critical thinking and become the "voice in their head". Let them know they can tell you about anything creepy or negative they see online.

Wellbeing

What About You?

The new guidelines recognise that parents need support too. Screen use isn't just a kid problem—it's a family one.

Think about how you'd score on this quick check (0=Never, 4=Very Often):

- How often do you stay on a screen even though you say you'll stop?
- How often does screen time cost you sleep?
- How often do you neglect things you should be doing because you prefer screens?
- How often do you feel restless or irritated when you can't be on screens?

If you're scoring high, you're not alone. The AAP now calls on tech companies to create safety features as default settings and policymakers to invest in real-world spaces – because healthy media use isn't solely parents' responsibility.

The Bottom Line

Screens and parenting are inseparably intertwined. Kids want to game, chat, consume, and be on their screens endlessly (and honestly, so do we as their parents).

But the stakes are high. Getting screen usage right matters enormously.

Consider your child. Consider the context. Consider the content. But also consider whether they're creating, connecting, or just consuming.

These guidelines are messier than "one hour a day," but they're more honest. Creating a healthy digital life for your family is about balance, not a timer. Start with one C that resonates most, and build from there.

AWARDS

Awards

Milla Bartlett - For going over and above to support her teammates in Lightning Premierships.

Darcy Robson - For 100 nights of reading.

Issy Brincat- For trying a new sport, listening to feedback, and showing resilience by getting back out on the court after a set back. Well Done!

L**ayla Dent-** For showing dedication and determination towards learning her magic words.

Hunter Mibus- For being quick to lend a helping hand, step in when someone needs support and adapt to different situations with a positive attitude.

NOTICES

Important Dates

All the below dates are to the best of our knowledge and may change at short notice or be added to throughout the Term.

TERM 2 = 20th April - 26th June 2026

June 2026

16th - School Photos/Dentist Van

19th - Music tour excursion to Nhill campus

26th - Last day of Term 2, School finishes 2:15pm

July 2026

13th - Staff PD Day - no school for students

14th - First day of Term 3 for students

22nd - Hockey 7's

27th - Open night

AUDIRI APP

Please note that we use the Audiri App for our main form of communication.

You can also use the app to log any student absences and to update any contact details.

If you haven't already downloaded this app, please contact the school office if you require any assistance.

Dimboola-Natimuk Lutheran Parish

14th June - 3rd Sunday after Pentecost

10:00am LR Goroke

10:00am HC Natimuk

10:00am LR Vectis

10:00am LR Dimboola

21st June - 4th Sunday after Pentecost

10:00am LR Vectis

10:00am **HC** Murtoa

Pastor Colin Huf

Followed by lunch

Wimmera Lutheran College is committed to providing a child safe and child friendly environment, where children and young people are safe and feel safe, and are able to actively participate in decisions that affect their lives.

NOTICES

WIMMERA Lutheran College

DIMBOOLA CAMPUS OPEN NIGHT

Date: Monday 27th July
Time: 6:30pm

Come meet our dedicated teachers, explore our facilities, and get a glimpse of the exciting and engaging curriculum we offer.

Whether you're starting Prep in 2027 or considering a change, we invite you to come and see what makes our school community so special.

Our staff will host an information session and provide a brief tour for interested families.

Hear first hand about our commitment to creating an environment that is adventurous, purposeful, compassionate and relational - where every student is empowered to grow, contribute and thrive.

Children are welcome to attend! There will be activities and supervision set up in the junior room.

NOTICES

Could respite foster caring be for you?

Uniting

Respite foster carers provide care on weekends or during school holidays, offering children a safe, welcoming place to stay while giving foster and kinship families time to rest and recharge.
Whether it's once a month or during holiday periods, the benefits and connections are significant.

If you would like to learn more get in touch.

Call 1800 543 779 **OR** visit unitingvictas.org.au/foster-care/

NOTICES

JUNE @ THE STATION
FREE!
16 PYNSENT STREET, HORSHAM
WED 3
2VOX
A Zine for young people , made by young people. For creative team only
Ages 10 - 25 4:00 - 5:15
SAT 6
GLOW IN THE DARK
A thermal Wildlife walk to celebrate World Envirnoment Day! Register now
Ages 10 - 25 5:30 - 7:00
GLOW IN THE DARK WALK REGISTRATION
https://form.jotform.com/HorshamYouth/glow-in-the-dark-thermal-walk
TUE 9
AMPLIFY MEETING
Be apart of a group that plans, develops and delivers music, creative arts and cultural programs for other young people Ages 12 - 25 4:00 - 5:30
WED 10
2VOX
A Zine for young people , made by young people. For creative team only
Ages 10 - 25 4:00 - 5:15
THURS 11
YOUNG Q
A social group for young LGBTQIA+ people.
Ages 10 - 18 4:00 - 5:30
WED 17
2VOX
A Zine for young people , made by young people. For creative team only
Ages 10 - 25 4:00 - 5:15
THURS 18
DIY & ARTS NIGHT
Get hands on with our D.I.Y art afternoon.
Ages 10 - 18 4:00 - 5:30
TUE 23
AMPLIFY MEETING
Be apart of a group that plans, develops and delivers music, creative arts and cultural programs for other young people Ages 12 - 25 4:00 - 5:30
WED 24
2VOX
A Zine for young people , made by young people. For creative team only
Ages 10 - 25 4:00 - 5:15
THURS 25
IT'S GIVING ART
Spend the afternoon relaxing, listening to music and crafting with us.
Ages 10 - 18 4:00 - 5:30
HORSHAM Youth
FOLLOW US ON SOCIAL MEDIA
@horshamyouth

NOTICES

Happy Families BLOOM School Membership | Term 2 Live Event

Boys: *Building Strong Young Men From the Inside Out*

Wednesday 17 June | 7pm AEST

He's disappearing. Behind the closed door, lost in screens, making choices that keep you up at night. He's navigating a world designed to confuse him – algorithms designed to addict him – a world parents don't understand and can't break into. The headlines scream crisis. They warn us that boys are in deep trouble... and it's getting worse.

But it doesn't have to be like this.

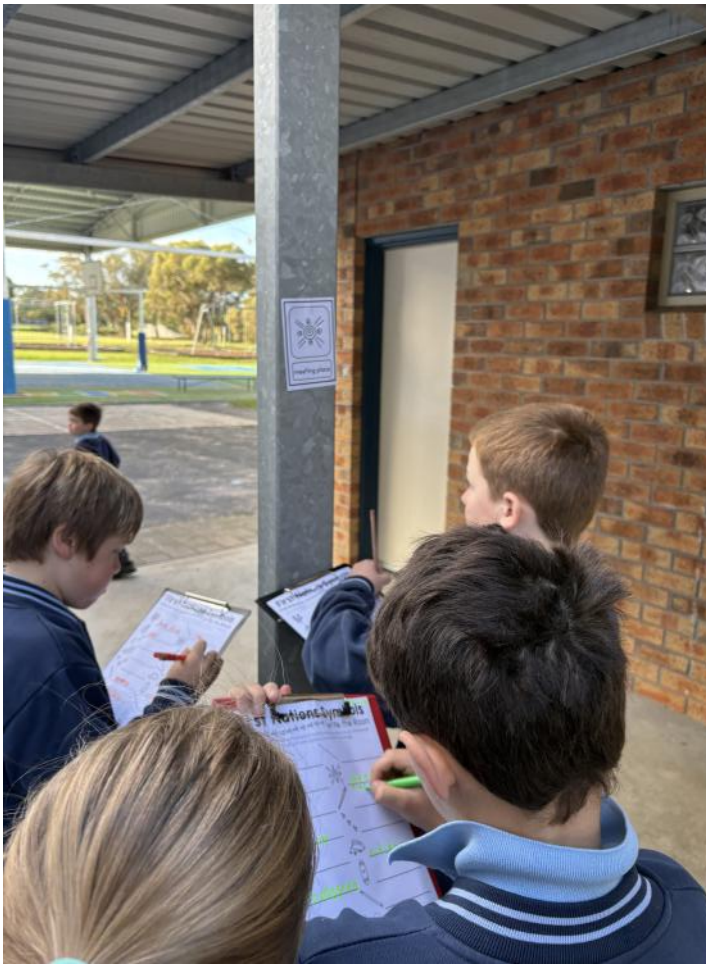
Dr Justin Coulson has a different story to tell. In ***Boys***, Dr Coulson reveals what decades of research suggests: when boys get what they actually need, they thrive. Not through force or fixing, but through connection, meaningful challenge, and someone who refuses to give up on them.

This presentation hands you the 'Playbook'. It cuts through the noise with practical, research-backed strategies for the battles you're fighting right now. Gaming. Pornography. Self-control. Friendships. School motivation. How to discipline without destroying trust. How to stay close when he's pushing away.

But beneath the tactics lies something more powerful: a vision of masculinity worth fighting for. Boys who help others feel safer and stronger. Who create surplus value. Who become not just good men, but the best version of themselves. Your son already has everything he needs to get there.

Sign up here:

Around The School



Around The School

Around The School