



St Peter's Lutheran School

News Bulletin - Friday 26th July 2024

6-26 Horsham Road

Dimboola 3414

Tel: 03 5389 1626

admin@spls.vic.edu.au

We acknowledge the Wotjobaluk, Jaadwa, Jadawadjali, Wergaia and Jupagulk People as the traditional owners of this land. We pay our respects to Elders past, present, and future.

From The Principal

Jeans for Genes Day

Next Friday, August 2nd, is Jeans for Genes Day. Jeans for Genes Day is a fundraiser that raises money that goes directly to the Children's Medical Research Institute and helps find treatments and cures for children's genetic diseases. Next Friday students are invited to wear jeans and can donate a gold coin to the fundraiser. Friday's are sports day, so students can bring a change of bottoms if they feel uncomfortable playing sport in their jeans.

Karen Prenzler

We are very excited that our Wellbeing Officer, Karen Prenzler is a registered teacher again. Karen will be our specialist teacher on Fridays. Karen will continue to run wellbeing sessions with the students.

Swimming Lessons

The Hindmarsh Shire has been extremely generous in offering to pay for our junior students to attend swimming lessons at the YMCA in Horsham. There will be no cost to the school or our school families for travel or the swimming lessons. Students will participate in 30-minute swimming lessons every Wednesday for 6 weeks. A note should have gone home with your child during the week explaining all the details. If you have any questions, please feel free to contact me or the office.

We thank the Hindmarsh Shire for giving our students this opportunity.

Growing Resilient Kids workshop

Smiles All Round are running a Growing Resilient Kids workshop on Monday August 12 at 6:45pm at the Nhill Lutheran school. Our families are welcome to attend this workshop in Nhill. A poster for this event can be located in the newsletter.

Hockey 7's

Next Thursday August 1st, some senior students are participating in hockey 7's at DMSC. Students need to wear full school sports uniform and if students have their own hockey stick and mouthguard they wish to use, students are welcome to bring them. If they do not have a mouthguard could they please let the school know. Students need to come with a packed recess, lunch and water bottle. Alternatively, students can bring money to purchase lunch from the limited canteen menu that was attached to the form sent home with students.

Have a wonderful weekend

Millie Dent

Devotional Thoughts

Words of life - By Pauline Simonsen

The Lord is my shepherd, I lack nothing (Psalm 23:1).

Read [Psalm 23](#)

Psalm 23 is my go-to comfort in the small hours of the night, when sleep eludes me. Maybe for you, too?

When worries assail me, I find great comfort in the direct, simple declaration that the Lord is my shepherd, tending, protecting and guiding me, and *I lack nothing*. I often repeat this line to myself, over and over. Whatever I have been anxious about is answered by those powerful statements of reality.

These truths, those words of life, enable me to release my taut self to him. And then he makes me lie down in the green meadows of my imagination and relax; he refreshes me beside quiet waters of rest; he restores my ragged soul. My Shepherd brings me to these places of shalom because he is good and he is love.

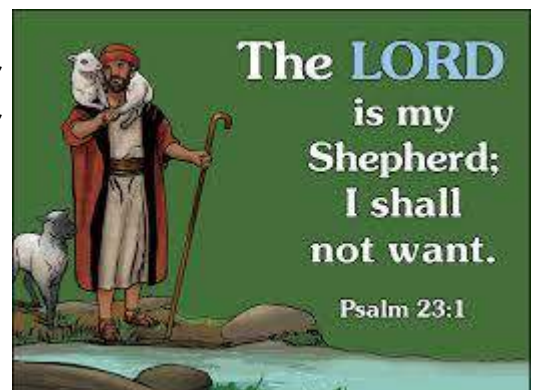
The 23rd Psalm is so honest about human existence. The valley of the shadow of death is here – the times of deep darkness in our lives. Even though we walk through them, you and I need not fear evil, because our Shepherd accompanies us every step of the way with his stout staff.

My enemies are present – the devil, the world, my own sinful nature – and yet my Shepherd prepares a feast for me! He serves up abundance in the midst of the battle! He is not concerned with the enemies (they are defeated). He wants me to feast on his life! And so my head is anointed with blessing, and my cup overflows with the wine of his joy.

With such a good Shepherd leading me throughout my life, what have I to fear? His goodness and loving kindness will follow me and you all our lives, until he leads us home to the house of our Father.

'So do not let your hearts be troubled; trust in God; trust also in me. In my Father's house are many rooms ... I am going there to prepare a place for you. And I will come back and take you to be with me' (John 14:1-3).

Loving Good Shepherd, I lean back now and rest in your arms. You have my back; you have my life. Breathe your shalom into me. Hold me and carry me home. Amen.



AWARDS



Junior Classroom Award - Jayla Milthorpe

For outstanding improvement in spelling.



Senior Classroom Award - Milla Bartlett

For persistence and effort to improve her reading.



Senior Classroom Award - Mercedes Paech

For responding to discussions around social justice with constructive ideas.



Principal Award - Chelsea Elliott

For helping other students understand the rules of hockey and working well with several different people in class group work.

Notice's

Important Dates

All the below dates are to the best of our knowledge and may change at short notice.

TERM 3 = 15th July - 20th September 2024

August 2024

1st - Hockey 7's

2nd - Jeans for Genes Day

7th - Junior class swimming lessons

9th - Red Nose Day

14th - Junior class swimming lessons

21st - Junior class swimming lessons

21st-23rd - Senior Camp (Melbourne)

28th - Junior class swimming lessons

30th - Footy Colours Day

September 2024

4th - Junior class swimming lessons

6th - Student Free Day– Staff PD

11th - Junior class swimming lessons

20th - Last Day of Term 3 - Finish at 2:20pm

AUDIRI APP

Please note that we use the Audiri App for our main form of communication.

You can also use the app to log any student absences and to update any contact details.

If you haven't already downloaded this app, please contact the school office for assistance.

Dimboola-Natimuk Lutheran Parish

28th July 2024 - 10th Sunday after

Pentecost

10:00am LR Edenhope

10:00am LR Goroke

Natimuk Join Vectis

10:00am LR Vectis

10:00am LR Dimboola



**"I believe that when
you put a smile
out there, you get
a smile back."**

—HEIDI KLUM



SCHOOL UNIFORM

Now the weather is getting cooler, please contact the school office if you require any uniform, such as bomber jackets, as we have a lot of second hand uniform looking for a home.

St Peter's Lutheran School is committed to providing a child safe and child friendly environment, where children and young people are safe and feel safe, and are able to actively participate in decisions that affect their lives.

Notice's

ST PETER'S

JEANS FOR GENES DAY

Friday 2nd August

Wear your favourite jeans or denim!



**RAISE MONEY.
FIND CURES.
JEAN-IUS.**

Fund medical research to cure genetic diseases.

CHILDREN'S MEDICAL RESEARCH INSTITUTE

Jeans for Genes

*Gem, 8
Genetic Blindness*

Please bring a gold coin donation.

Bring other clothes if you wish to change into something more comfortable for sport.

Notice's

Growing Resilient Kids Workshop

This is a practical solution focused workshop for parents, caregivers, grandparents, and educational staff who connect with young people.

This 2-hour workshop focuses on:

- The brain science behind emotions.
- Learning about the purpose of anxiety and stress (it's not all bad!).
- Increasing understanding of how feelings (e.g., anxiety, stress) impact our thoughts and body (physiology).
- Learning ways to recognise, accept and/or manage unpleasant feelings.
- Practical tips and strategies for supporting young people to cope and persist through challenging moments and feelings.

I AM THE
BOSS
OF HOW I
THINK,
FEEL & ACT.

Monday 12th August 2024

6.45pm-8.30pm

Cost: Free

Location: Nhill Lutheran School

2 Mackay Street, Nhill

Register via:

karen@spls.vic.edu.au

Or NLS 53912144

** Registration will provide you with a participant workbook

Presenters:

Lana-Joy Durik & Gez Walter

Senior Psychologist Educator & Counsellor

Smiles 
ALL ROUND

www.smilesallround.com.au

Notice's

HOT FOOD FRIDAYS 2024

Date	Price	Food	Volunteers for food/ donations	Volunteers to help on the day
3 May	3 for \$2.50	Sausage rolls & party pies	Millie Dent	Millie
17 May	\$2/taco	Tacos – Mince, lettuce, cheese, tomato	Lisa Warrick	Ash
31 May	\$2/sausage	Sausage in bread	Michele Smith	Melissa & Vicki
14 June	\$4	Pizza	Kylie Boundy	Ash
28 June	\$4	Spaghetti bolognaise & pasta	Tracey Milthorpe	Vicki
Holidays				
19 Jul	\$3	Toasties – Ham, Cheese, Tomato	Kayla Mibus	Kayla
2 Aug	\$4	Baked Potatoes	Vicki Elliott	Vicki
16 Aug	\$4	Nachos – salsa, cheese, sour cream	Rhianna Paech	Ash
30 Aug	\$4	Chicken nuggets, fish fingers & chips	Sheena King	Sheena
13 Sep	3 for \$2.50	Party pies & sausage rolls	Nu Ough	

Around the school

