Dates to Remember

**August 2017**
30th - WWSSA inter-school sport at Warracknabeal

**September 2017**
5th - Nature Park Excursion
Little Dessert National Park
21st - School Concert
22nd - Student Free Day

**Term Dates 2017**
Term 1 30th Jan - 31st March
Term 2 18th April - 30th June
Term 3 17th July - 22nd September
Term 4 9th October - 15th December

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## Awards

**STUDENTS OF THE WEEK**

Julia Kardogeros (absent) - Trying hard in everything
Chelsea Leith - coming to school with a positive attitude and trying hard to complete her work with pride

**PRINCIPALS’ AWARDS**

Ethan King - for always packing up the sandpit equipment

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**Church Calendar**
Aug 27th - 11am Dimboola HC
Sept 3rd - 9am Dimboola HC
Sept 10th - 11am Dimboola LR

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**P&F Meeting**
The next P&F Meeting will be held on Tuesday September 5th @ 3.30pm
In the multipurpose room. All are welcome.
Hi everyone, what a wonderful week we have had here at St Peters. On Monday we had planned to walk down to the Dimboola boat ramp in the afternoon, however this excursion has been postponed due to the wet conditions. We will endeavour to try again next week. This excursion was part of our science focus this term ‘River Detectives’ we are collecting river water samples regularly and testing them. The results are then recorded on the ‘River Detectives’ website where they can be compared to other samples being taken at different locations around the district.

On Wednesday this week the Tidy Towns judges visited our school. We have entered St Peters in the category of ‘Active Schools’ Students took the judges for a tour of our grounds and explained what we have been doing and what further plans we have for our Sensory/Ecumenical garden. Thank you to those families that were able to help out in the gardens prior to the visit.

On Wednesday we had Leila and Mrs Nicholson demonstrate some Thai recipes which we all got to help prepare, cook and then try out!! Yum! Yum! How delicious. I am a particular fan of Thai food, the freshness of the ingredients and all the tasty herbs and spices what a great combination. The cooking activity was organised by Mrs Nicholson as a part of the students LOTE lessons. A big thankyou to Leila for coming along.

St Peters is collecting Earn and Learn stickers from Woolworths. If you are shopping at woollies please collect the stickers and either drop them into the collection box at school in the office or you will find in the Horsham Woolworth store another collection box with our school name and logo on the top. These stickers are then exchanged for educational resources which directly benefit our students and school.

Have a wonderful weekend,

Yours in Christ,

Tim Reimann
3 Ways to deal with Stress

A fool thinks he needs no advice, but a wise man listens to others. – Proverbs 12:15

1 – Don’t Deal With Stress Alone
The best thing to do about stress is realise one simple truth: You weren’t built to deal with stress alone. You aren’t expected to deal with hard situations on your own. God wants to help you deal with the stressful situations that you face.

This scripture describes it so perfectly. We aren’t built to do things on our own and in our own strength. We need God’s help to live our day-to-day lives. We need to trust that God has our back in every situation and circumstance that we face. When we get stressed out, we should go to God and ask for his help. He’s just waiting for us to ask for His help.

2 – Look for the Cause of Your Stress
Look for the cause of your stress. Stress can come for a lot of reasons. For example, maybe you’ve committed yourself to too many things. You can’t realistically do football, volleyball, swimming, dance, and music lessons. If you’re stressed out because you’ve overcommitted, then look for ways to get out of an activity or two. Even though being involved in a lot of things is fun, if it’s causing you too much stress, it isn’t worth it.

Perhaps you’re stressed out because of a bad relationship. If so, pray for wisdom to know how to deal with the person or situation.

Do some searching to see if you can find out what is causing you to be stressed. Then determine if there’s a way to handle the situation differently to help you be less stressed.

3 – Ask Advice from Other People
If you’re really stressed out about a situation or another person, it can be helpful to ask advice from someone else. Find a person who you feel you can trust and ask them their thoughts about your situation.

Many times, a wise friend, pastor or mentor can help put your situation into perspective. People that have gone through similar stressful situations can help give you advice and the encouragement you need to make it through stressful situations.

Remember that no matter what it is that is stressing you out, you can know that God wants to help you. It might be through the advice of a trusted friend, or through a God inspired idea. All you need to do is ask Him and he will be happy to help you out.
Father’s Day Hampers

Father’s Day raffle tickets have now been sent home. Please try your best to sell as many tickets as you can, there are some wonderful prizes to be won.

Tickets are $2 or 3 tickets for $5, the raffle will be drawn on Friday September 1st at 9.30am. Winners will be contacted by phone. Good luck and happy selling.

Dimboola Football Netball Club

DFNC JUNIOR Football & Netball
Vote Count & Presentation Night
FRIDAY 1st September 2017, 6.30pm
@ the clubrooms!

BBQ TEA supplied - Could all families PLEASE bring a salad to share.

ALL players, members, families & friends welcome!
Any questions please contact your child’s coach!
Community Emergency Management Survey 2017-2018

Hindmarsh, West Wimmera, Yarriambiack and Horsham Rural City municipalities all work together in their emergency management and planning. We’d like your point of view, to ensure we’re working on the things that worry you. Your family’s knowledge and experience are important – we would greatly appreciate you and your parents taking the time to share with us via the following survey:

https://www.surveymonkey.com/r/CommEmMgt-Schools

If you would prefer to receive a paper form to complete, please contact Dianna Blake on (03) 5382 9760, or email dianna.blake@hrcc.vic.gov.au.

Survey closes September 25, 2017
Around The School